

Renown Institute for Heart & Vascular Health
1155 Mill St., P1
Reno, NV 89502

Change Service Requested



CANCELLATION & REFUND POLICY:

If written notice is received by Friday, October 27, 2023, a full refund of the registration fee will be made. No refunds will be made after October 27, 2023. In the event the program is canceled, we are responsible only for full refund of the registration fees and not for hotel accommodations or transportation.

RENOWN INSTITUTE FOR HEART & VASCULAR HEALTH:

We're committed to the improvement of cardiovascular care through quality CME programs provided to healthcare professionals in our service area. We are pleased to be hosting the 33rd "Trends" conference this year.

ABOUT THE NEVADA ACADEMY OF FAMILY PHYSICIANS:

We are the Nevada Chapter of the American Academy of Family Physicians. Our purpose is to assist Nevada family physician members in providing the highest quality of care for their patients.

FOR MORE INFORMATION:

To register please visit renown.org/trends
For questions call 775-982-2426.



The 33rd Annual Trends in Cardiovascular Medicine

November 3 – 5, 2023

Everline Resort & Spa • Olympic Valley, California

ACKNOWLEDGEMENTS:



Abbott Diabetes
Abbott EP
Amgen
AstraZeneca
Bayer
Biosense Webster

Boehringer Ingelheim
Boston Scientific, Inc.
Bristol-Myers Squibb
CenterWell Home Health
Edwards Lifesciences
Esperion Therapeutics, Inc.
Janssen Pharmaceuticals

Kindred Hospice
Kiniksa Pharmaceuticals
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Medtronic
Merck & Co., Inc.
Murj, Inc.
Novartis Pharmaceuticals
Novo Nordisk

Pfizer
Philips North America, LLC
Shockwave Medical
Sierra Neurosurgery Group
Zoll Cardiac Management Solutions

PRESENTED BY



This three-day continuing medical education program is designed for the primary care physician/provider, hospitalist, internal medicine physician, cardiovascular specialist, advanced practice provider, pharmacist, nurse, and all other physicians and healthcare professionals interested in the most recent advances and current established guidelines for the diagnosis, treatment and prevention of cardiovascular disease, diabetes mellitus, stroke, and diseases or problems associated with heart disease. At the completion of this conference, attendees should be able to:

- Be able to list and explain three (3) screening tools to assess unhealthy alcohol and drug use.
- Identify clinical clues suggesting a diagnosis of cardiac amyloidosis.
- Discuss why blood pressure guidelines need to focus more on implementation of recommendations for accurate diagnosis and strategies for improved control for patients being treated for hypertension.
- Gain a better understanding why the differential diagnosis and patient history is key to evaluating patients with syncope.
- Assess the accuracy and effectiveness of various tests and tools used in atrial fibrillation screening.
- Determine the appropriate diagnosis of pulmonary hypertension.
- Develop and hone the evidence-based information presented for the assessment and treatment of patients who present as overweight or obese.
- Keynote Learning Objectives - TBD.
- Review intensive medical management and revascularization options for the treatment of patients with asymptomatic carotid stenosis (ACS).
- Improve your ability to leverage ECG readings to diagnose and manage common cardiovascular conditions in your patients.
- Discuss why there is less of an emphasis on markers of glucose control and more of an emphasis on modifiable risk factors in the management of type 2 diabetes.
- Describe the evolving lipid management landscape, quantifying current gaps in treatment implementation, and assessing future approaches to improve care.
- Gain a better understanding of transcatheter mitral valve repair (TMVR) as an alternative therapy for a specific subset of patients with acute mitral valve regurgitation (MR).
- Through various case presentations, assess adherence to medicines and lifestyle modifications and address factors that influence poor adherence in patients with cardiovascular disease

Friday, November 3, 2023

4:00 PM –	Hotel Check-In
4:00 PM – 6:00 PM (2 hours SBIRT/Ethics CME)	“Screening, Brief Intervention & Referral to Treatment (SBIRT) for Clinicians” Melissa Cheng, MD, MOH, MHS, FCOEM Grand Sierra Ballroom A
6:00 PM – 8:30 PM	Welcome Reception – Grand Sierra Ballroom C & D (Located in Exhibit Room) Hosted by Renown Institute for Heart & Vascular Health

Saturday, November 4, 2023 – Grand Sierra Ballroom A & B

7:25 AM – 7:30 AM	Welcome and Opening Remarks Jayson A. Morgan, MD, FACC
7:30 AM – 8:20 AM (50 min.)	“Cardiac Amyloidosis: Evolving Diagnosis and Management for the Primary Care Provider” Michelle M. Kittleson, MD, PhD, FACC, FAHA
8:20 AM – 9:10 AM (50 min.)	“Current Evidence-Based & Guideline Recommendations for the Treatment of Hypertension: Clinical Pearls for Primary Care” John M. Flack, MD, MPH, FAHA, MACP, FASH
9:10 AM – 9:25 AM	Break
9:25 AM – 10:15 AM (50 min.)	“Improving the Understanding and Recognition of Cardiac Syncope” Kenneth A. Mayuga, MD, FACC, FACP, FHRS
10:15 AM – 10:40 AM (25 min.)	“Atrial Fibrillation Screening” Shining Sun, MD
10:40 AM – 11:05 AM (25 min.)	“Exercise Treadmill Testing: A Clinical Guide” Bradley C. Nelson, MD, MBA, FACC
11:05 AM – 11:20 AM	Break
11:20 AM – 12:10 PM (50 min.)	“Pulmonary Hypertension: Updates in Epidemiology and Evaluation of Patients for Primary Care” Deborah Jo Levine, MD, MS, FAST, FCCP
12:10 PM – 1:00 PM (50 min.)	“The Practical Evaluation and Management of Obesity” Daniel H. Bessesen, MD, FTOS
1:00 PM	Meeting Adjourned for lunch - Lunch on your own
6:30 PM – 9:00 PM	Arthur J. Lurie, MD Memorial Dinner/Keynote Presentation Grand Sierra Ballroom A & B Hosted by Renown Institute for Heart & Vascular Health
6:30 PM – 7:00 PM	Reception Bar – Grand Sierra Pre-Function C & D
7:00 PM – 8:00 PM	Dinner – Brief Acknowledgements @ 7:45 PM
8:00 PM – 9:00 PM	Keynote Presentation - TBD Speaker TBD

Sunday, November 5, 2023 – Grand Sierra Ballroom A & B

7:40 AM – 8:05 AM (25 min.)	“The Optimal Approach in the Management of Asymptomatic Carotid Artery Stenosis” Michael J. Bloch, MD, FACP, FASH, FSV, FNLA
8:05 AM – 8:30 AM (25 min.)	“Interpretation of Electrocardiograms in Primary Care: A Brief Review” Jad AL Danaf, MD, MPH, FACC, FSCAI
8:30 AM – 9:20 AM (50 min.)	“Where Are We with Respect to Glycemic Control in Type 2 Diabetes? A 2023 Update” Athena Philis-Tsimikas, MD
9:20 AM – 9:35 AM	Break
9:35 AM – 10:25 AM (50 min.)	“What’s New in the Lipid Management Landscape?” Pam R. Taub, MD, FACC, FASPC
10:25 AM – 10:55 AM (30 min.)	“Transcatheter Mitral Valve Repair: A Clinical Case Study” Abhilash Akinapelli, MD
10:55 AM – 11:00 AM	Short Break
11:00 AM – 12:00 PM (60 min.)	Case Studies/Q&A – Panel Discussion Panel: Various RIHVH Cardiologists
12:00 PM	Adjournment

2023 Faculty

Abhilash Akinapelli, MD
Cardiac Valve & TAVR Program Director
Renown Institute for Heart & Vascular Health
Renown Medical Group
Reno, NV

Jad AL Danaf, MD, MPH, FACC, FSCAI
Interventional Cardiologist
Renown Institute for Heart & Vascular Health
Renown Medical Group
Reno, NV

Daniel H. Bessesen, MD, FTOS
Professor of Medicine
Division of Endocrinology, Metabolism
and Diabetes
University of Colorado School of Medicine
(CU-SOM)
Executive Director, Anschutz Health &
Wellness Center
Chief of Endocrinology
Denver Health Medical Center
Denver, CO

Michael J. Bloch, MD, FACP, FASH, FVM, FNLA
Associate Professor
Department of Internal Medicine
University of Nevada Reno
School of Medicine
Medical Director, Vascular Medicine and
Anticoagulation Services
Renown Institute for Heart & Vascular Health
Reno, NV

Melissa Cheng, MD, MOH, MHS, FCOEM
Associate Professor
University of Utah School of Medicine
Medical Director, University of Utah
Occupational Medicine Clinic
Medical Director, Biofire Diagnostics, Inc.
Utah Medical Director, CoMagine Health
Founder & Director, Utah SBIRT
Training Program
Salt Lake City, UT

John M. Flack, MD, MPH, FAHA, MACP, FASH
Sergio Rabinovich Endowed Chair of
Internal Medicine
Professor of Medicine and Chair
Department of Internal Medicine
Chief of Hypertension Section
Southern Illinois University
School of Medicine
Springfield, IL

Michelle M. Kittleson, MD, PhD, FACC
Professor of Medicine
Director, Post-Graduate Medical Education in
Heart Failure and Transplantation
Director, Heart Failure Research
Smidt Heart Institute
Cedars-Sinai
Los Angeles, CA

Deborah Jo Levine, MD, MS, FAST, FCCP
Clinical Professor, Medicine
Pulmonary, Allergy & Critical Care Medicine
Stanford Health Care
Stanford, CA

Kenneth A. Mayuga, MD, FHRS, FACC, FACP
Assistant Professor of Medicine
Cleveland Clinic Lerner College of Medicine
of Case Western Reserve University
Director, Syncope Center
Section of Cardiac Electrophysiology and
Pacing
Department of Cardiovascular Medicine
Cleveland Clinic
Cleveland, OH

Bradley C. Nelson, MD, MBA, FACC
Interventional Cardiologist
Renown Institute for Heart & Vascular Health
Renown Medical Group
Reno, NV

Athena Philis-Tsimikas, MD
Corporate Vice-President
Scripps Whittier Diabetes Institute at
Scripps Health
Director, Community Engagement Research
Scripps Research Translational Institute
Associate Clinical Professor (voluntary)
UC San Diego – Division of Endocrinology &
Metabolism
San Diego, CA

Shining Sun, MD
Clinical Cardiac Electrophysiologist
Renown Institute for Heart & Vascular Health
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Pam R. Taub, MD, FACC, FASPC
Professor of Medicine
Division of Cardiovascular Medicine
Founding Director, Step Family Foundation
Cardiovascular Rehabilitation and Wellness
Center
UC San Diego Health System
La Jolla, CA

MORE INFORMATION

ACCREDITATION:
This program has been submitted for review for up to 11.0 prescribed Credits to the American Academy of Family Physicians.

TUITION:
Registration fee includes the two hour SBIRT/Ethics CME, welcome reception, continental breakfasts and break service each day, Saturday evening dinner and information and program materials available at [renown.org/trends](https://www.renown.org/trends). Spouses and guests are invited to attend the welcome reception on Friday evening at no charge. Spouses and guests are also cordially invited to attend the Saturday evening dinner/keynote presentation at an additional charge of \$50.00 per person. Registration fee for physicians is \$265 for the conference. For all other registrants, the fee is \$189. On-site registration/payment will be available at the conference.

LOCATION & ACCOMMODATIONS:
The program will be held at the Everline Resort & Spa in Olympic Valley, California, approximately 45 minutes from Reno, NV.

A block of deluxe guestrooms have been reserved at the Resort starting at the special rate of \$174+/night, single or double occupancy. Fireplace and deluxe fireplace suites are available upon request, also at a special rate. Registrants are responsible for making hotel reservations by calling the Resort at 1-800-327-3353 or online at <https://www.hyatt.com/en-US/group-booking/RNODH/G-V3DY>. Reservations for lodging must be made by **October 13, 2023** to ensure room availability/pricing. When calling the Resort, please mention Renown Institute for Heart & Vascular Health to receive the group rate.

Lodging is available at The Village at Palisades Tahoe at a discounted rate. For reservations ask to book with Trends in Cardiovascular Medicine 2023 to receive the group rate. Please note, any booking for the Friday or Saturday will have a 2-night minimum.

FOR MORE INFORMATION:
To register please visit [renown.org/trends](https://www.renown.org/trends)